

## CHECKLIST FOR EMMAUS WEEKEND

- Sheets
- Pillows
- Comforter and/or blankets
- Sleeping bag or eggcrate mattress (to be used as a mattress cover)
- Towels and wash cloths
- Toiletries (Shampoo, hair dryer, toothbrush, toothpaste, soap, razor, etc.)
- Contact solutions, containers, glasses, etc.
- Clip-on fan (Optional)
- Clip-on light (Optional)
- Extension cord
- Shower shoes or flip flops (May not wear flip flops out of cabin)
- Medications (Prescriptions, Tylenol, allergy/sinus meds, vitamins, etc.)
- Flashlight with extra batteries
- Closed-toe shoes (NO flip flops or sandals)
- Old tennis shoes or rain boots (in case of rain)
- Umbrella
- Light jacket or sweater
- Casual, comfortable clothes and shoes
- Hardback Bible (Cell phones are not allowed)
- Money for books (Optional)
- Any unpaid registration fees (\$\_\_\_\_\_ balance owed)

### DO NOT BRING:

Alarm clock  
Cell phone or pager  
Watch

### YOU WON'T NEED THEM